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Lake District Tour 2016

24th - 26th October



Lotus Sports Half Term Team Building

“Developing young people’s life skills and confidence.”



Jack Petchey
Foundation
Inspire • Motivate • Achieve





SCHEDULE

Depart from Manor Park 6.30am Monday 24th October

Return 8pm on Wednesday 26th October

Hawkshead YHA, Ambleside, Cumbria LA22 0QD

- Hill walking
- Morning/Evening fitness
- Sightseeing around Cumbria
- Nutritional programme including cooking
- Team building exercises
- Indoor/outdoor football training
- Leisure time with friends (games room including pool-table)
- Cost of Trip is £60 for one child and £50 each for two children.
- Cost covers travel, accommodation, meals and programs.